



Central University Punjab, Bathinda
Manipur University, Canchipur



From Northwest India to Northeast India

A Report On

CELEBRATING INDIA'S CULTURAL DIVERSITY AND THE SPIRIT OF ONENESS

EXPOSURE VISIT OF YOUTH
Yuva Sangam
UNDER EK BHARAT SHRESHTHA BHARAT

From Punjab to Manipur
(24th-29th March 2023)

Prepared and Published by
Ek Bharat Shreshtha Bharat Cell
Manipur University, Canchipur, Manipur—795003

EBSB Yuva Sangam
CU Punjab to CU Manipur: A Report
24-29 March 2023

Prepared by :
Documentation Sub Committee
1. Dr. S. Yaiphaba Meitei
2. Dr. Naziya Hasan
3. Dr. R.K. Sofia
4. H. Joykishan Singh
5. Ng. Suresh Singh

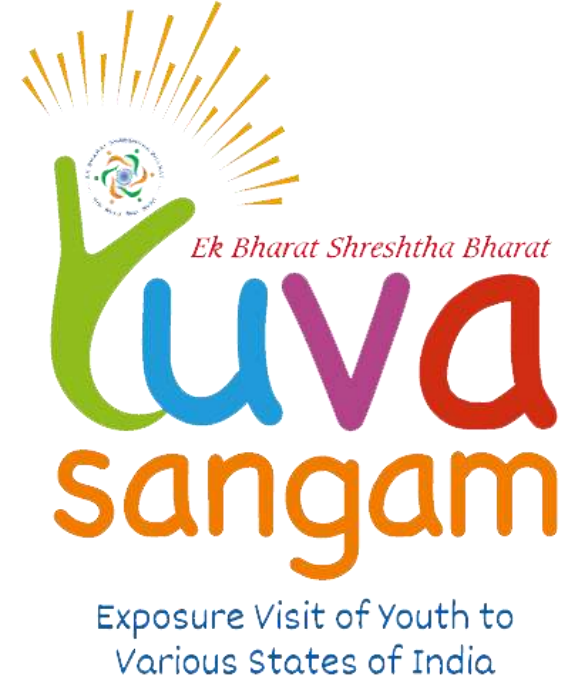
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Acknowledgements

No event or activity can occur without proper planning and its execution. This planning and execution are a result of team work where many officials get engaged directly or indirectly. The success of an event remains incomplete without acknowledging their valuable contributions.

To begin with, we, the members of Manipur University EBSB-Yuva Sangam Committee, would like to express our heartfelt gratitude to the Hon'ble Prime Minister of India Shri Narendra Modiji for envisioning and initiating the Ek Bharat Shreshtha Bharat (EBSB)- Yuva Sangam to strengthen people's connections and build empathy between youth of North Eastern States and the rest of the country. We are thankful to the Ministry of Education, Government of India and AICTE for identifying Manipur University to carry out the activities under EBSB Yuva Sangam.

We would like to show our gratitude to all the concerned ministries and departments including Department of Sports, Department of Youth Affairs, Ministry of Culture, Ministry of Tourism, Department of Higher Education, Ministry of Railways and IRCTC, Ministry of DONER, and Ministry of Home Affairs for making this Yuva Sangam a successful event.

We would also like to take this opportunity to thank our Honourable Vice-Chancellor, Prof. N. Lokendra Singh, for his continuous guidance and unwavering support, and for being actively involved in different activities of Yuva Sangam. Under his able leadership, this event has taken its successful shape.

We like to extend our gratitude to the Registrar, Deans, Heads of the Departments, Faculty Members, and all the staff members of Manipur University for contributing directly or indirectly in this Yuva Sangam.

We would also like to thank the team from the IRCTC led by Mr. G. S. Nganingkhui for all support and arrangements made for the comfortable and enjoyable stay of participants of the Sangam. We would like to thank the Assam Rifle personnel for escorting the team. Our gratitude is extended to the staffs of the University Guest House for arranging food and lodging. We would also like to thank the Imolesh Hotel and its staff for their hospitality and assistance. We are sincerely thankful to all local students and people involved in Buddy Programme of this Sangam. We are extending our thanks to all photographers and cameramen for capturing the beautiful moments.

We like to express our deep sense of appreciation and gratitude to all the participants of cultural evening organized by Manipur University. We are also thankful to all the media personnel deputed for coverage of the different events and activities of this Sangam.

Last but not the least, we would like to thank each and every one who directly or indirectly contributed to making the Sangam a grand success.

Thank you all!



(Prof. Ch. Ibohal Singh)

Nodal Officer

EBSB Cell, Manipur University



खोये गये वस्तु
खोज और पाया सामान
LOST & FOUND GOODS



Brief Note on Yuva Sangam

Yuva Sangam under Ek Bharat Shreshtha Bharat is a unique programme initiated by the Government of India to strengthen the people to people connect and build empathy between youth of North Eastern States and the rest of India. A committee chaired by the Honourable Minister of Education, Honourable Minister of Culture & Tourism & DONER, Honourable Minister of Youth Affairs & Sports, and I & B have launched the Yuva Sangam programme under Ek Bharat Shreshtha Bharat which emphasizes on the exposure visit of youth from educational institutions and off campus youth to different states of India. It is organized between 8 North Eastern States and other States.

The peculiarity of this programme lies in the key areas of this programme. It aims to provide multi-dimensional exposure to Indian youth under five broad areas-

- Paryatan (Tourism),
- Parampara (Traditions),
- Pragati (Development),
- Prodyogik (Technology), and
- Paraspar Sampark (People-to-people connect).

In order to enrich the overall experiences of youth in these areas, Yuva Sangam provides opportunities to interact with industrial bodies, government officials, local artists, singers, sportspersons, entrepreneurs, etc. In this connection, Manipur University is paired with Central University of Punjab. Participants with officials from Manipur University have visited Punjab from 6th March to 12th March 2023. In continuation to this exposure, participants and officials from Punjab have also visited Manipur from 24th March to 29th March 2023.



Manipur University EBSB-Yuva Sangam Committee Members




MANIPUR UNIVERSITY
CANCHIPUR: IMPHAL

OFFICE ORDERS No. /475
Dated, the 2nd March, 2023

No. MU/EBSB-NE YUVA Sangam/16/2023: The Vice-Chancellor is pleased to constitute the "Manipur University EBSB (Ek Bharat Shrestha Bharat) – Yuva Sangam Committee" consisting of the following members to carry out activities related to programmes under EBSB - Yuva Sangam for a period of 2 (two) years with effect from 01.03.2023:-

1. Prof. M. Premjit Singh, Dean, Students' Welfare, M.U. - Chairman
2. Prof. N. Mohilal Meitei, Department of Zoology, M.U. - Member
3. Prof. O. Ranjit Singh, HoD, Ancient History & Archaeology, M.U. - Member
4. Dr. Chirom Rajketan Singh, Associate Professor, Department of Manipuri, M.U. - Member
5. Dr. Th. Rupachandra Singh, Department of Computer Science, M.U. - Member
6. Dr. Ksh. Ranjan Singh, Department of Commerce, M.U. - Member
7. Shri Dalip Singh, Department of Lib. & Info. Sc., MU - Member
8. Dr. M. Nodiyachand Singh, NSS Coordinator, MU - Member
9. Dr. S. Opendro Singh, Associate Professor, Department of Statistics, MU - Member
10. Dr. Sarvureshth Dhammi, Department of NSS, MU - Member
11. Dr. Lamalu Thairmei, Department of ACEE, MU - Member
12. Dr. Ch. Beda Devi, Department of Education, MU - Member

13. Dr. R.K. Sofia Devi, Department of Lib. & Info. Sc., MU - Member
14. Dr. P. Lilapati Devi, HoD, Dance & Music, MU - Member
15. Dr. Naziya Hasan, Department of Teacher Education, MU - Member
16. Dr. L. Pinky Devi, MO i/c, MU - Member
17. Dr. Nambram Amulkumar, Assistant Professor, Deptt. of Vocational Studies & Skill Development, MU - Member
18. Dr. L. Santosh Singh, Department of PESS, MU - Member
19. Dr. S. Yaiphaba Meitei, Department of Anthropology, MU - Co-Convener
20. Prof. Ch. Ibohal Singh, Nodal Officer, EBSB-Yuva Sangam, MU - Nodal Officer cum Convener


(Dr. R.K. Joteen Singh)
Deputy Registrar (Admn.)

Copy to:

1. AR to the Vice-Chancellor, MU
2. PA to the Registrar, MU
3. Chairman, Manipur University EBSB – Yuva Sangam Committee, MU
4. Nodal Officer cum Convener, Manipur University EBSB – Yuva Sangam Committee, MU
5. Members concerned, MU
6. Relevant file
7. Office Orders Book

 Contd/-

List of Sub-Committees and its Members



**EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
(Room No. 405, 3rd Floor, New Social Sciences Block)**

MU/EBSB-NE Yuva Sangam /16/2023/69 Date: 18/03/2023

Manipur University EBSB Yuva Sangam Committee

The following sub-committees are constituted as resolved in the meeting of the Committee held on 14th March 2023 in connection with the successful conduct of programmes and activities for the Central University Punjab Team for Exposure visit of youth under EBSB Yuva Sangam during 24-29 March 2023.

1. Patron-in-Chief: **Prof. N. Lokendra Singh**, Hon'ble Vice-Chancellor, Manipur University.
2. Facilitators: **Prof. W. Chandbabu Singh**, Registrar, Manipur University
Prof. Elangbam Nixon Singh, Finance Officer, Manipur University
Er. N. Thoiba Singh, University Engineer, Manipur University

A. Liason Service	E. Social Media Sub-Committee
1. Prof. Ch. Ibohal Singh (Chairman)	1. Shri W. Debendro Singh (Chairman)
2. Dr. S. Yaiphaba Meitei (Convenor)	2. Shri I. Tilokchand Singh (Convenor)
3. Dr. N. Amulkumar (Member)	3. Dr. Th. Rupachandra Singh (Member)
4. Dr. Ksh. Ranjan Singh (Member)	4. Dr. S. Yaiphaba Meitei (Member)
5. Ng. Suresh Singh (Member)	5. S. Gojin Singh (Member)
B. Reception and Send Off Sub-Committee	F. Buddy Interaction Programme Sub-Committee
1. Dr. Ch. Rajketan Singh (Chairman)	1. Dr. M. Nodiyachand Singh (Chairman)
2. Dr. Ksh. Ranjan Singh (Convenor)	2. Dr. S. Yaiphaba Meitei (Convenor)
3. Dr. P. Lilabati Devi (Member)	3. Dr. Ksh. Ranjan Singh (Member)
4. Dr. Ch. Beda Devi (Member)	4. Dr. Th. Rupachandra Singh (Member)
5. Dr. Naziya Hasan (Member)	5. Dr. Ch. Beda Devi (Member)
C. Accommodation Sub-Committee	G. Videography/Photography Sub-Committee
1. Prof. N. Mohilal Meitei (Chairman)	1. Dr. S. Opendra Singh (Chairman)
2. Dr. S. Opendra Singh (Convenor)	2. Dr. L. Santosh Singh (Convenor)
3. Dr. Ch. Rajketan Singh (Member)	3. Shri Dalip Singh (Member)
4. Soibam Irabanta Singh (Member)	4. R.K. Johnson Singh (Member)
5. Sagolshem Kenedia Singh (Member)	5. Shri I. Tilokchand Singh (Member)
6. Ng. Suresh Singh (Member)	6. S. Gojin Singh (Member)
D. Food Sub-Committee	7. Team of 3 members from the Department of Mass Communication
1. Prof. N. Mohilal Meitei (Chairman)	H. Local Purchase Sub-Committee
2. Prof. O. Ranjit Singh (Co-Chair)	1. Dr. S. Opendra Singh (Chairman)
3. Dr. S. Opendra Singh (Convenor)	2. Dr. S. Yaiphaba Meitei (Convenor)
4. Dr. L. Santosh Singh (Co-Convenor)	3. Dr. L. Pinky Devi (Member)
5. Dr. W. Sobhachandra Singh (Member)	4. Dr. Ch. Beda Devi (Member)
6. Dr. Sarvsureshth Dhammi (Member)	5. Ng. Suresh Singh (Member)
7. Shri Dalip Singh (Member)	I. Documentation Sub-Committee
8. H. Ajiit Meitei (Member)	1. Prof. Ch. Ibohal Singh (Chairman)
9. Dr. N. Sanjoy Singh (Member)	2. Dr. S. Yaiphaba Meitei (Convenor)
10. Dr. L. Pinky Devi (Member)	3. Dr. Naziya Hassan (Member)

Ch. Ibohal Singh
Nodal Officer
Ek Bharat Shreshtha Bharat (EBSB) Cell
Manipur University, Imphal - 3

4. Dr. R.K. Sofia Devi (Member)	M. Destination Tour Sub-Committee
5. H. Joykishan Singh (Member)	1. Prof. Ch. Ibohal Singh (Chairman)
J. Cultural Programme Sub-Committee	2. Dr. Ksh. Ranjan Singh (Convenor)
1. Prof. L. Bishwanath Sharma (Chairman)	3. Dr. Ch. Beda Devi (Co-Convenor)
2. Prof. Premlata Maisanam (Co-Chair)	4. Dr. Th. Rupachandra Singh (Member)
3. Dr. P. Lilabati Devi (Convenor)	5. Dr. L. Santosh Singh (Member)
4. Dr. L. Santosh Singh (Member)	6. Dr. Naziya Hasan (Member)
5. Dr. Ch. Beda Devi (Member)	7. Dr. R.K. Sofia Devi (Member)
6. Dr. N. Munindro Singh (Member)	8. Dr. S. Yaiphaba Meitei (Member)
7. Dr. L. Pinky Devi (Member)	9. Dr. L. Pinky Devi (Member)
8. Dr. Sarvsureshth Dhammi (Member)	10. Dr. P. Lilabati Devi (Member)
9. Shri Dalip Singh (Member)	11. Shri Dalip Singh (Member)
K. Medical Sub-Committee	N. Advisory Committee
1. Dr. L. Pinky Devi (Chairperson)	1. Prof. M. Premjit Singh (Chairman)
2. Kh. Bemben Devi (Convenor)	2. Prof. O. Ranjit Singh (Member)
3. R.K. Ashalata Devi (Member)	3. Prof. L. Bishwanath Sharma (Member)
4. Rupashree sarangthem (Member)	4. Dr. S. Opendra Singh (Member)
5. Thounaojam Suraj Singh (Member)	5. Prof. Ch. Ibohal Singh (Convenor)
6. Umalata Devi (Member)	
L. Interaction Sub-Committee	
1. Prof. Ch. Ibohal Singh (Chairman)	
2. Dr. Ch. Rajketan Singh (Convenor)	
3. Dr. N. Amulkumar (Member)	
4. Dr. S. Yaiphaba Meitei (Member)	

Nodal Officer cum Convenor of the Committee shall coordinate and issue orders to carry out the programme and activities to make Exposure visit of the Youth Exchange programme a grand success.

Premjit
(Prof. M. Premjit Singh)
Dean, Student's Welfare, MU
Chairman
Manipur University EBSB
Yuva Sangam Committee

Copy to:

1. A.R. to Hon'ble VC, MU
2. Registrar, MU
3. Finance Officer, MU
4. University Engineer, MU
5. Prof. Ch. Ibohal Singh, Nodal Officer, EBSB, MU
6. All Members concerned
7. Office file

Ch. Ibohal Singh
Nodal Officer
Ek Bharat Shreshtha Bharat (EBSB) Cell
Manipur University, Imphal - 3

Day-Wise Trip Itinerary

Day-1 (24th March 2023)



**EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
(Room No. 405, 3rd Floor, New Social Sciences Block)**

**Exposure visit of Youth under
Ek Bharat Shreshtha Bharat by
Yuva Sangam Team of CU Punjab
Host Institute: Manipur University, Canchipur, Imphal
Itinerary cum Programme Schedule**

Day 1, the 24th March 2023 (Friday)

Time	Activities	Venue	Officials Deputed
11:00 AM	Assembly	Traffic Island	Members of Yuva Sangam Committee and Sub-Committee
12:45 PM	Receiving & Welcoming Ceremony	Bir Tikendrajit Airport, Imphal	Reception Sub-Committee
2:00-2:30 PM	Lunch for the CU Punjab Team	Hotel Imolesh, Keishampat	
2:30-4:30 PM	Check-In	MU Guest House	All the Team Members of CU Punjab
TEA FOR OFFICIALS DEPUTED AT MU CANTEEN			
4:30-5:20 PM	Visit to Shri Govindaji Temple	Palace Compound	Dr. Ksh. ranjan Singh, Dr. Ch. Beda Devi, Dr. Naziya Hasan, Shri Dalip Singh, Dr. S. Yaiphaba Meitei, Dr. L. Pinky(+Two Media Persons)
5:20-6:20 PM	Visit to Gurudwara Sri Guru Singh Sabha	Tangal Bazar	---do---
6:20-8:00 PM	Visit to Kangla Estern Gate	Nongpok Thong Park	---do---
8:00-8:30 PM	Back to University Guest House	Manipur University, Canchipur	---do---
8:30-9:00 PM	Dinner	University Canteen	All the Team Members of CU Punjab+Officials Deputed

Ch. Ibohah Singh
(Prof. Ch. Ibohah Singh) 23/3/2023
Nodal Officer
EBSB Cell, MU

Nodal Officer
Ek Bharat Shreshtha Bharat (EBSB) Cell
Manipur University, Imphal - 3

Day-2 (25th March 2023)



**EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
(Room No. 405, 3rd Floor, New Social Sciences Block)**

**Exposure visit of Youth under
Ek Bharat Shreshtha Bharat by
Yuva Sangam Team of CU Punjab
24-29 March 2023**

Host Institute: Manipur University, Canchipur, Imphal

Itinerary cum Programme Schedule

Day 2, the 25th March 2023 (Saturday)

Time	Activities	Venue	Officials Deputed
7:00-8:00 AM	Yoga Session	Yoga Lab , Department of PESS	Dr. M. Nodiyachand Singh, Department of PESS, Accomodation Sub-Committee
8:00-9:00 AM	Breakfast	MU Guest House	Food Sub-Committee
9:00-10:45 AM	MU Campus Tour	Hostels, Facilities, Old Palace, Archeological sites, Different Departmental Blocks	Dr. S. Opendra Singh Dr. W. Sobhachandra Singh Dr. A. Ajit Meitei S. Irabanta Singh Dr. Naziya Hasan Dr. P. Lilabati Devi, Dr. Lamalu Thaimai Wardens of Girls Hostel No. 3 & NEC-I + 2 Media Persons
10:45 AM-12:30 PM	Department of Mass Communication	Interaction with Shri Arbam Shyam Sharama, Padmashri and Screening of Documentary "Yelhou Jagoi?"	Dr. Natasha Elangbam Shri R.K. Johnson Singh +Interaction Sub-Committee + 2 Media Persons
12:30-1:30 PM	Formal Reception Ceremony	University Court Hall	Hon'ble Vice-Chancellor, Deans, Officers, HoDs, Yuva Sangam Committee Members (Media Persons)
1:30-2:30 PM	Lunch	Imolesh Hotel, Keishampat	IRCTC
2:30-3:45 PM	Visit to Marjing Complex+Horse Riding	Heingang Marjing Complex	Dr. H. Ajit Meitei Dr. Ksh. Ranjan Singh Dr. Ch. Beda Devi Dr. Ch. Rajketan Singh Dr. P. Lilabati Devi Dr. Lamalu Thaimai Kh. Benben Devi +2 Media Persons
3:45-5:00 PM	Interaction with Hon'ble Governor Manipur	Raj Bhawan, Imphal	---do--- +Interaction Committee
5:00-8:00 PM	Visit to Kangla Fort, Sahid Minar, Ima Market & Sanamahii Temple	Imphal City	---do---
8:00-9:30 PM	Back to campus & Dinner at Canteen	University Canteen	

Ch. Ibohah Singh
(Prof. Ch. Ibohah Singh)
Nodal Officer
EBSB Cell, MU

Day-Wise Trip Itinerary

Day-3 (26th March 2023)



EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
(Room No. 405, 3rd Floor, New Social Sciences Block)

Exposure visit of Youth under
Ek Bharat Shreshtha Bharat by
Yuva Sangam Team of CU Punjab
24-29 March 2023

Host Institute: Manipur University, Canchipur, Imphal

Itinerary cum Programme Schedule
Day 3, the 26th March 2023 (Sunday)

Time	Activities	Venue	Officials Deputed
7:00-9:00 AM	Buddy Programme with breakfast	Buddy's place	Dr. L. Santosh Singh +Buddy Interaction Programme Sub-Committee
9:00-10:00 AM	Interaction with Dr. R.K. Ranjan Singh, Hon'ble Union Minister of State for Education and External Affairs with Prof. N. Lokendra Singh, Hon'ble Vice-Chancellor, MU in the Chair	University Court Hall	All Members of the Yuva Sangam Committees & Sub-Committees
10:00-11:00 AM	Interaction with Shri Ksh. Thoiba Singh, Olympian	Singjamei Kongba Road	Prof. L. Bishwanath Sharma Dr. L. Santosh Singh Dr. Ksh. Ranjan Singh Dr. P. Lilabati Devi Dr. Ch. Rajketan Singh Dr. Ch. Beda Devi Prof. Premlata Maisnam Th. Suraj Singh (Medical Staff) +2 Media Persons
11:00 AM-12:30 PM	Visit to Manipur Olympian Park	Sangaithael	---do---
12:30-2:00 PM	Visit to Khuman Lampak and National Sports University & Interaction with Registrar, National Sports University	Imphal	---do---
2:00-3:00 PM	Lunch	Hotel Imolesh, Keishampat	IRCTC
3:30-4:30 PM	Interaction with Shri Ratan Thiyam, Padmaslri	Chorus Repertory, Imphal	Prof. L. Bishwanath Sharma Dr. L. Santosh Singh Dr. Ksh. Ranjan Singh Dr. P. Lilabati Devi Dr. Ch. Rajketan Singh Dr. Ch. Beda Devi Prof. Premlata Maisnam Th. Suraj Singh (Medical Staff) +2 Media Persons
4:30-5:30 PM	Visit to Ima Market+Kangla Fort	Imphal City	---do---
5:30-7:00 PM	Trip to Cheirao Ching Trek	Thangmeiband	---do---
7:00-8:30 PM	Interaction with Hon'ble Chief Minister, Manipur, to be led by Hon'ble Vice-Chancellor, MU	Hon'ble CM's Secretariat	---do---
8:30-9:30 PM	Back to Guest House & Dinner	University Canteen	Food Sub-Committee

Ch. Ibohal Singh
(Prof. Ch. Ibohal Singh)
 Nodal Officer
 EBSB Cell, MU

Day-4 (27th March 2023)



EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
(Room No. 405, 3rd Floor, New Social Sciences Block)

Exposure visit of Youth under
Ek Bharat Shreshtha Bharat by
Yuva Sangam Team of CU Punjab
24-29 March 2023

Host Institute: Manipur University, Canchipur, Imphal

Itinerary cum Programme Schedule

Day 4, the 27th March 2023 (Monday)

Time	Activities	Venue	Officials Deputed
5:00 AM	Departure from Guest House	Moreh (Myanmar Border)	Dr. S. Yaiphaba Meitei Dr. Ksh. Ranjan Singh Dr. Th. Rupachandra Singh Dr. N. Sanjoy Singh Dr. R.K. Sofia Devi Dr. Ch. Beda Devi Mrs. Kh. Bembem Devi Mrs Kh. Sheiloja +2 Media Persons
8:30-9:30 AM	Breakfast	On the way	---do---
10:30 AM-12:30 PM	Tour in an around the Moreh and Departure from Moreh	Moreh	---do---
12:30 -1:30 PM	Lunch	Tengnoupal	IRCTC
2:00-2:30 PM	Interaction with Deputy Commissioner, Tengnoupal (Shri Ranjan Yunnam, IAS)	Auditorium DC Office, Tengnoupal	Dr. S. Yaiphaba Meitei Dr. Ksh. Ranjan Singh Dr. Th. Rupachandra Singh Dr. N. Sanjoy Singh Dr. R.K. Sofia Devi Dr. Ch. Beda Devi Mrs. Kh. Bembem Devi Mrs Kh. Sheiloja +2 Media Persons
2:30-4:00 PM	Visit to Khongjom War Memorial	Khongjom	---do---
4:00-5:30 PM	Visit to Unity Park	Khangabok	---do---
5:30-9:30 PM	Back to Guest House & Dinner	University Canteen	Food Sub-Committee

Ch. Ibohal Singh
(Prof. Ch. Ibohal Singh)
 Nodal Officer
 EBSB Cell, MU

Day-Wise Trip Itinerary

Day-5 (28th March 2023)



EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
 (Room No. 405, 3rd Floor, New Social Sciences Block)

Exposure visit of Youth under
 Ek Bharat Shreshtha Bharat by
 Yuva Sangam Team of CU Punjab
 24-29 March 2023

Host Institute: Manipur University, Canchipur, Imphal

Itinerary cum Programme Schedule
 Day 5, the 28th March 2023 (Tuesday)

Time	Activities	Venue	Officials Deputed
6:30-7:30 AM	Breakfast	Guest House	
7:30AM	Visit to Japanese War Memorial Complex	Maibam Lotpa Ching	Dr. L. Santosh Singh Dr. S. Opendra Singh Dr. Naziya Hasan Mrs. R.K. Ashalata Devi Mrs. Umalata Devi +4 Media Persons
9:30-11:30 AM	Visit to INA Museum	Moirang	---do---
11:30 AM-1:30 PM	Visit to Loktak Lake+Lunch	Moirang	---do---
1:30-3:30 PM	Visit to Sangai Ethnic Park	Moirang Khunou	---do---
3:30PM	Back from Moirang		---do---
4:30-8:00 PM	Witnessing Hero Tri-Nation International Football Tournament between Kyrgyz vs India (Tickets sponsored by Shri N. Biren Singh, Hon'ble Chief Minister of Manipur)	Khuman Lampak Stadium	---do---
8:00-9:00 PM	Manipur Traditional Dinner	University Canteen	Food Sub-Committee

Ch. Iboh Singh
(Prof. Ch. Iboh Singh)
 Nodal Officer
 EBSB Cell, MU

Day-6 (29th March 2023)



EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERSITY: CANCHIPUR, IMPHAL-795003
 (Room No. 405, 3rd Floor, New Social Sciences Block)

Exposure visit of Youth under
 Ek Bharat Shreshtha Bharat by
 Yuva Sangam Team of CU Punjab
 24-29 March 2023

Host Institute: Manipur University, Canchipur, Imphal

Itinerary cum Programme Schedule

Day 6, the 29th March 2023 (Wednesday)

Time	Activities	Venue	Officials Deputed
7:00-8:00 AM	Breakfast	Guest House	Food Sub-Committee
8:30-9:30 AM	Send-Off Programme	University, Traffic Island	Reception & Send Off Sub-Committee
9:40-10:15 AM	Departure from Manipur University for Imphal Airport	---do---	---do---
10:30 AM	Bidding Farewell	Imphal Airport	---do---
12:45 PM	Departure from Manipur to Punjab	---do---	CU Punjab Team

Ch. Iboh Singh
(Prof. Ch. Iboh Singh)
 Nodal Officer
 EBSB Cell, MU

Press Meet

March 23, 2023		PRESS RELEASE														
Name of the Function/Event	PRESS MEET held on 23/03/2023 11.30 AM Yuva Sangam: MANIPUR UNIVERSITY will host student delegates under Ek Bharat Shreshtha Bharat (EBSB) Initiative.															
Video Link	https://drive.google.com/file/d/1A8hj1z9RTJoDDCFdGwNfqGvmTgMhdZS/view?usp=share_link															
Photo Link	https://drive.google.com/file/d/1noH_MLcEPSCpRSUzGqaVggY7AEPcrla2/view?usp=sharing															
Venue	Office of the Dean, Student Welfare, Manipur University															
Date and time	23/03/2023 11.30 Am															
Chief Guest of the function/Event	Prof. M. Premjit Singh, Dean, Student Welfare, Manipur University															
Event's Attendee	<table border="1" style="width: 100%; border-collapse: collapse;"> <thead> <tr> <th style="width: 5%;">Sl no</th> <th style="width: 30%;">Name</th> <th style="width: 30%;">Designation</th> <th style="width: 35%;">Event's Designation</th> </tr> </thead> <tbody> <tr> <td style="text-align: center;">1</td> <td>Prof. Ch. Ibihal Singh</td> <td>Professor, Library & Information Sc</td> <td>Nodal Officer, EBSB</td> </tr> <tr> <td style="text-align: center;">2</td> <td>Shri Wangjam. Devendra Singh</td> <td>PRO, MU</td> <td>Chairman, Social Media Sub-Committee</td> </tr> </tbody> </table>				Sl no	Name	Designation	Event's Designation	1	Prof. Ch. Ibihal Singh	Professor, Library & Information Sc	Nodal Officer, EBSB	2	Shri Wangjam. Devendra Singh	PRO, MU	Chairman, Social Media Sub-Committee
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2	Shri Wangjam. Devendra Singh	PRO, MU	Chairman, Social Media Sub-Committee													
Extract of the Speech by the Nodal Officer	<p>6 Days "Yuva Sangam" under "Ek Bharat Shreshtha Bharat(EBSB)", an exposure visit of youth to various states of India under the aegis of Ministry of Education, Govt. of India will be organised by Manipur University. 54 participants from Punjab will visit Manipur from 24th march 2023 to 29th march 2023.</p> <p>The student exchange programme is to celebrate the Unity in Diversity of our Nation and to maintain and strengthen the fabric of traditionally existing emotional bonds between the people of our Country and spirit of oneness focussing on Tourism, Tradition, Development, Technology and People to People connect.</p> <p>Five days programmes include visiting the cultural, historical and tourist sites, Interaction of eminent personalities, buddy programme where student visiting the local house to understand our way of living, food habits.</p>															

Sd/-

Public Relations Officer(I/C)



Dean Students Welfare, Nodal Officer and Public Relation Officer, MU briefing the media



Day-Wise Trip Details Day-1 (24th March 2023)



Arrival at Imphal Airport



On the first day of Yuva Sangam, the team from Manipur University wholeheartedly welcomed the team from Punjab. They were welcomed in traditional style of Manipur with garlands and music. After their welcome at the airport, they were taken to Hotel Imolesh for lunch. After lunch, they were again received in a grand manner at the University campus by Honourable Vice-Chancellor In-Charge, Prof. E. Bijoy Kumar Singh, volunteers, and officials. After this, they proceeded to Gurudwara Sri Guru Singh Sabha, Go-vindji Temple, and Kangla Eastern Gate. They were overwhelmed by the beauty of these places. The day ended with a hearty meal at the University Canteen.



Grand Welcome at Imphal Airport
Grand Reception at Manipur University



Visit to Gurudwara Sri Guru Singh Sabha, Imphal



Visit to Govindji Temple



Day-Wise Trip Details

Day2- 25th March 2023

As physical and mental health of youth is of paramount importance, a morning yoga session was organized for the Punjab team by the Department of PESS, Manipur University. After yoga session, the team went for Manipur University Campus tour with the deputed officials. In this tour, they visited different girls' and boys' hostels, Old Palace situated inside the campus, University Museum, Play Grounds, etc. They interacted with students residing inside the campus. They also got the opportunity to watch a documentary 'Yelhou Jagoi' screened in the Department of Mass Communication, Manipur University followed by the fruitful interaction with Padmashri Shri Aribam Shyam Sharma.

After this, their formal reception ceremony chaired by Honourable Vice Chancellor of Manipur University, Prof. N. Lokendro Singh was organized at the University Court Hall. The event was graced by Deans of different Schools, Directors of different centers, and Heads of different Departments of the University. Participants from Punjab were formally received by presenting Leingyan, traditional scarf. A short video clip of the first day of Yuva Sangam was also screened during the function. It was followed by lunch at Hotel Imolesh. After their lunch, the team proceeded to interact with the Honourable Governor of Manipur, Ms. Anusuiya Uikey at Raj Bhavan, Manipur. After this, they went to visit Marjing Complex.



Yoga Session in the Yoga Lab of Department of PESS, Manipur University



Screening of Documentary "Yelhou Jagoi" and Interaction with Padmashri Aribam Shyam Sharma, Filmmaker

MU Campus Tour



Visiting Heritage site inside the campus and University Museum



Visiting University Hostel





Formal Reception Ceremony of Punjab Team at University Court Hall



Interaction with Honourable Governor of Manipur at Raj Bhavan Manipur



Visit to Marjing Complex

Day-Wise Trip Details

Day 3- 26th March 2023



Pairing the delegates with local students for Buddy Programme

On the third day, a wonderful buddy programme was conducted where youth from Punjab got the opportunity to visit the houses of local people, interact with their family members, witness the diversity in terms of traditions, attire, food habits, etc. and taste the original local foods prepared by buddies. After returning from buddy's homes, team got the opportunity to attend the Interaction Programme with Dr. R. K. Ranjan, Honourable Union Minister of State for Education and External Affairs at the University Court Hall. Team was delighted to meet and interact with Union Minister. They shared their experiences with the Minister and showed their gratitude to him. They also got the opportunity to meet and interact with Olympian, Shri Ksh. Thoiba Singh who warmly welcomed the team at his home and shared his experiences. This interaction was followed by a visit to the newly constructed Olympian Park situated at Sangaitel. The team saw the beautiful statues of Olympians from Manipur. They visited National Sports University and Khuman Lampak where they were received by the team of students and officials of the National Sports University. It was followed by lunch. After lunch, they interacted with Padmashri Ratan Thiyam. It was followed by a visit to Ima Market. They purchased local items and tasted the local foods of Manipur from the market. After this, they went for an interaction with the Honourable Chief Minister of Manipur, Shri N. Biren Singh.



Interaction with Dr. R. K. Ranjan, Honourable Union Minister of State for Education and External Affairs at University Court Hall



**EK BHARAT SHRESHTHA BHARAT (EBSB) CELL
MANIPUR UNIVERISTY: CANCHIPUR, IMPHAL-795003**

**LIST OF BUDDY'S PROGRAMME TEAM
(On 26th March 2023 at 7:00 – 9:00 a.m.)**

List of Boys:

Sl. No.	Name	Department	Contact No
1.	Aheibam Jameson Singh	PESS	9366264990
2.	Naorem Ramchandra Singh	PESS	8787801107
3.	Guliver Sorokhaibam	PESS	7005934124
4.	Konsam Manitomba Singh	PESS	9362263390
5.	Chingkheihunba Haobam	PESS	8416050030
6.	Ningthoujam Dayananda Singh	PESS	813822978
7.	R.K. Talentsana	PESS	7005036697
8.	Ningthoujam Meiraba singh	PESS	9774535393
9.	R.K Pritamkumar	PESS	9366559877
10.	Rajesh Sharma	PESS	7005047632
11.	Khaingam khomdram	outside	8414878387
12.	Binit kumar	PESS	8730958471
13.	Denish Moirangthem	PESS	6009939710
14.	Guliver Sorokhaibam	PESS	7005934124
15.	Joyraj Ningthoujam	PESS	7085668890
16.	Mahesh Yenshembam	PESS	8118987102
17.	Higamayum Herish	History	9366277937
18.	Manish Thingujam	PESS	9366370165
19.	Okram Ajoy Singh	MIT	8731924266
20.	E. Yaitomba Singh	PESS	9612721250
21.	K. Puina Singh	PESS	9612357855
22.	Achangba Waikhom	PESS	8974273485

List of Girls:

Sl. No.	Name	Department	Contact No
1.	Seram Chingkheinganbi Chanu	PESS	9366381634
2.	Soibam Rabiya Chanu	PESS	7005803584
3.	Soraisam Tamphasana Chanu	PESS	9378075173
4.	Roshni Oinam	PESS	7005967098
5.	Linthoi Soram	Education	8258966917
6.	Lanchenbi Sapam	PESS	9612710925
7.	Mercy Thoudam	PESS	9366945624
8.	Kh. Ranjana Devi	PESS	7005692078
9.	Bidyarani Kongrailakpam	PESS	7308979599
10.	Laishram Thoi Devi	Zoology	8974083717
11.	Chiranjia Ngasepam	Zoology	9774047894
12.	Oinam Leeli Devi	English	9366837193
13.	Oinam Monika Devi	PESS	8258880677

Ch. Ibohal Singh
Prof. Ch. Ibohal Singh)
Nodal Officer
EBSB Cell, Manipur University



Interaction with Shri Ksh. Thoiba Singh, Olympian



Visit to Olympian Park at Sangaitel



Visit to Khuman Lampak and National Sports University, Imphal



Interaction with Padmashri Ratan Thiyam



Visit to Ima Market



Interaction with Honourable Chief Minister of Manipur



Day-Wise Trip Details Day 4- 27th March 2023

On the fourth day of Yuva Sangam, the team from Punjab with officials from Manipur University went on a tour to Moreh and witnessed the Indo-Myanmar Border and its Friendship Gate. They were overjoyed by the scenic beauty of Manipur. While returning from Moreh, they visited Tegnoupal and got the opportunity to interact with the Deputy Commissioner of Tegnoupal, Shri Ranjan Yumnam.

In the evening, a cultural programme was organized at the Auditorium of the University where students from Punjab and Manipur have showcased their cultural folk songs, folk dances, classical dances, music, and many more.



Visit to Integrated Check Post, Moreh, and interacting with Manager ICP, Mr Lalboi



Interaction with Deputy Commissioner, Tegnoupal (Shri Ranjan Yumnam, IAS)



Visit to India-Myanmar border, Moreh



Visit to Khongjom War Memorial and unplanned interaction with Mr Songashim Runglung, Rubaru Mr India 2020-21, and Shri Jogeshchandra Haobijam, SP, Thoubal



Cultural Programme at University Auditorium



Day-Wise Trip Details

Day 5- 28th March 2023



Visit to INA Headquarter

On the fifth day, participants from Punjab visited INA Headquarter and INA Museum. They also visited Sangai Ethnic Park. The beautiful Loktak Lake was visited by the team. They went for boating in Loktak Lake. They took their lunch at Moirang. After taking their meal, they proceeded to Stadium to watch and witness Hero Tri-National International Football Tournament between Krygz and India. The tickets were sponsored by the Honourable Chief Minister of Manipur. After returning back to university campus, they enjoyed Manipuri Traditional Thali in dinner at the University Canteen.



Visit to INA Museum





Visit to Sangai Ethnic Park



Visit to Loktak Lake



Witnessing Hero Tri-Nation International Football Tournament between Krygz vs India



Manipuri Traditional Dinner at University Canteen



Day-Wise Trip Details

Day 5- 29th March 2023



On the last day of Yuva Sangam, send off ceremony was organized by Manipur University at its Auditorium. The participants from Punjab received certificates from Honourable Vice-Chancellor, Registrar, and Dean, Students Welfare, Manipur University. They also received a token of love and appreciation in the form of a mini statue of Sagol Kangjei and Sangai. They were also given unique Black Rice of Manipur that was given by the Honourable Chief Minister of Manipur. After send-off ceremony, they were dropped at Imphal airport for their departure from Manipur.



Send-off ceremony

List of Merchandises

List of Items

Sagol Kangjei (for Hon'ble VC CU Punjab, teachers from CU Punjab and IRCTC representative)
Sangai (for all students/participants)
Manipuri Leingyan (for all team members from Punjab)
Certificates (for all team members from Punjab)



Media Coverage of Yuva Sangam

http://e-pao.net/epSubPageExtractor.asp?src=education.Education_Announcements.Edn_Ann_2023.Manipur_University_to_host_students_from_Punjab_20230324

<https://www.ifp.co.in/education/manipur-university-felicitates-ebbs-yuva-sangam-team>

<https://pib.gov.in/PressReleaseDetail.aspx?PRID=1910449>

<https://themorningbell.in/index.php/2023/03/24/punjab-ebbs-team-embarks-on-exposure-tour-to-state/>

<https://www.worldwisdomnews.com/punjab-youth-on-educational-cum-cultural-exposure-visit-to-manipur-to-commemorate-yuva-sangam-under-ek-bharat-shreshtha-bharat/>

<http://e-pao.net/GP.asp?src=10..260323.mar23>

<https://www.krctimes.com/news/governor-interacts-with-youths-under-yuva-sangam/>

Photos of Newspaper Clips



MU Committee welcomes CU Punjab EBSB team

CHRONICLE NEWS SERVICE

IMPHAL: Manipur University Ek Bharat Shreshtha Bharat (EBSB) Yuva Sangam Committee on Saturday welcomed Central University, Punjab EBSB Yuva Sangam team who arrived here on Friday on a weeklong exposure tour under the EBSB programme, an initiative by the Government of India.

As a campus tour of MU, the team visited the different locations namely hostels, museum, old palace, archaeological sites, different departmental blocks, etc. The CU Punjab youth expressed delight while interacting with renowned filmmaker Arham Syam Sharma. A documentary film "Yellow Jagui" directed by Syam Sharma was also screened at the Department of Mass Communication, MU.

In the evening, Manipur Governor Anusuiya Uikhey interacted with the CU Punjab team along with the faculties and officers of the Manipur University. Governor Anusuiya also



shared about her involvement in social and political activities right during the college days and highlighted the importance of "Yuva Sangam" under Ek Bharat Shreshtha Bharat (EBSB).

Addressing the students, the Governor said that success is achieved only with hard work, honesty and dedication. Manipur is a very good state, naturally rich and people are very religious. The culture is very rich and women are hard-working, she said.

Sharing the experiences of her life, the Governor said that she started her career

HoDs, Yuva Sangam Committee members and officers of MU.

Prof N Lokendra also felicitated the team by handing over Lengyan.

Speaking about the Yuva Sangam initiative, the vice chancellor expressed that Manipur shares close connection with the state of Punjab in terms of intellectuals, prominent government bureaucrats and trade and business which could help in developing the state.

MU EBSB Cell nodal officer Prof Ch Iboh Singh released a short video on the activities performed on the first day of the programme and highlighted importance of strengthening the fabric of traditionally existing emotional bonds between the people of the country and spirit of oneness focussing on tourism, tradition, development and technology.

When asked about her impression of Manipur, the Governor replied that the culture and dress here are very good and attract everyone. The Governor thanked Yuva Sangam programme for giving such opportunities to the youth of the country.

Earlier, a formal reception ceremony held at Manipur University court hall was attended by MU vice-chancellor Prof N Lokendra Singh, in the presence of Deans,

IMPHAL, Mar 24

The Yuva Sangam team from Central University (CU), Punjab arrived at Imphal today for a weeklong exposure tour to Manipur under Ek Bharat Shreshtha Bharat (EBSB), an initiative by the Government of India.

A press release by the Public Relations Office in-charge, Manipur University informed that the CU Punjab team members comprises 46 students and four faculties.

The team were accorded a warm welcome at the airport by the Ek Bharat Shreshtha Bharat (EBSB) committee members, Manipur University.

A reception programme was also held at the varsity



in the presence of Vice-Chancellor, In-charge, Professor E Bijoykumar Singh along with Professor R Varatharanjan, Dean School of Life Sciences; Professor M Premjit Singh, Nodal Officer EBSB Cell, MU; Dr RK Joteen Singh, Deputy Registrar; Dr L

Pinky, Medical Officer and others committee members. Professor E Bijoykumar while speaking at the occasion expressed gratitude to the Government of India and the Union Ministry of Education for the Ek Bharat Shreshtha Bharat initiative to promote interaction and understanding between people of different States across the

country.

Emphasizing that the youths are the pillars of the Nation, he said that the youths should be aware of their responsibilities and strive for a secure and stable future.

He expressed belief that the exposure tour will foster culture and traditional exchange thereby setting up meaningful relationships among the people from Punjab and Manipur.

After the reception programme, the participants visited Gurdwara Sri Guru Singh Sabha at Thangal Bazar and offered prayers while the team visited Shri Shri Bijoy Govindaji Temple and Kangla Nongpok Thong Park in the evening.



ইম্ফাল, মার্চ ২৪ঃ ইন্ডিয়া গবৰ্ণমেন্টৰ দ্বাৰা পায়খণ্ডপা যৌৱাঃ অনা ওইৰিবা এক ভাৱত হেঁহা ভাৱত(ইবিএসবি) পী মৰাভা মণিপুৰলা চহাল্লো অমণী এক্সপোজাৰ্ছটুৰ অনা ওইনা সেৱেচ্যল যুনিবৰ্চিটি, সিয়ু, পঞ্জাবকী যুব সঙ্গম টিম ৱুসি ইম্ফালদা থুংলরে।

সিয়ু, পঞ্জাবকী টিম অসিনা কেৰকাট মেধৰ মৰীশা লোমননা মইৰোম ৪৬ সাওৱৰ। টিম অদু বিৱ চিক্কেভি ই-টপেনিয়েল এয়াৱপোটি, ইম্ফালদা মণিপুৰ যুনিবৰ্চিটি, কচ্ছিপুৰগী এক ভাৱত হেঁহা ভাৱত(ইবিএসবি) কচ্ছিপুৰ মেধৰশিনো অৱাৱা ওক্খি। নাংকী কিজোলা শেংপা কলচেৱেল মাটিচিহিনো টিম অদুপা শৰক্ক ৱাৱক্ৰিশিণ্ডি অৱাৱা ওক্খনা কুম ৱেছি

অমসুঃ মৰোৱাবু মণিপুৰ যুনিবৰ্চিটি পী ইউপ ৰাওপা এক্সপোৰ্ছ টোছি। ক্ৰুনা, মণিপুৰ যুনিবৰ্চিটি আইন চাৰ্জিগ্ৰন ইন চাৰ্জ প্ৰোফেচাৰ ই বিজয়কুমাৰনা স্কল ওক আৰ্কাই সাইন্সেসকী ডিন প্ৰোফেচাৰ আৱ ভাৱথৰঞ্জন, ডিন ওক ইভেণ্টস ৱেৰক্চিগাৱ প্ৰোফেচাৰ এম প্ৰেমকিৎ, নোভেল ওকিগাৱ ইবিএসবি সেল, অমু প্ৰোফেচাৰ সিঙা ইৰোহেল, ডিপুটি ৱেজিষ্টাৰ ভাঙৰ আৱকে জোক্তি, মেডিকেল ওকিগাৱ ভাঙৰ এল পিচ্ছি অমসুঃ অৱেকা কচ্ছিপুৰ মেধৰশিনো জোমননা সিয়ু পঞ্জাবকী টিম অদুপা অৱাৱা ওক্খি।

জোগাম অসি পায়খণ্ডপাৰমক ইন্ডিয়া গবৰ্ণমেন্ট অমসুঃ যুনিবৰ্চি

মিনিষ্টি ওক একুকেসনবু এমসুী ডিপি ইন-চাৰ্জ প্ৰোফেচাৰ ই বিজয়কুমাৰ ভৌৱিল পৰভা কোভেনোক্খি। নহাশিনো জাতিগী দুইশিং ওইগানৌৱিবনি হায়না ৰাকম ডিপি ইন-চাৰ্জ অসিনা থৰনা জোমননা নহাশিনেগু হুংনী মীৰোলাপৰী যৌৱাঃ জাৰশী মেৱা অদু পূৰ্বাৰী মতিক চাবা ওইলবা মেধাৰ মশানা শেৰাংকৰবনি হাৰ্খি।

সিয়ু পঞ্জাবকী টিম অদু মণিপুৰ যুনিবৰ্চিটি ইম্ফালদা ৰাঙাল ৰকাৱদা সৈবা গুৱথাৱা শ্ৰি গুৱক্ৰি সিন্ছে সতাদা চক্ৰনা লাই খুৱমখি অমসুঃ মধুগী ক্ৰুনা নুৰ্ণিকলা শ্ৰি ডি বিজয় গোৰিক্ছি টেম্পল, ইম্ফাল অমসুঃ কলো নোশোক ৰোৱ পাৰ্ক, ইম্ফাল ৱেছি।





भारत सरकार
MINISTRY OF
EDUCATION



भारत सरकार
MINISTRY OF DEVELOPMENT
NORTH EASTERN REGION

MANIPUR UNIVERSITY
মনিপুর বিশ্ববিদ্যালয়

CULTURAL EVENING

Central University Punjab Youth

Venue: Auditorium Hall, Manipur University | Date: 27th

CELEBRATING INDIA'S CULTURAL DIVERSITY AND THE SPIRIT OF

EXPOSURE VISIT OF YOUTH

Yuva Sangan

UNDER EX DDIARAT SHRESHTHA BY

Co-organizing University: Manipur University and Central University

March 24 - 29, 2023



For more details, please contact
Nodal Officer
EBSB Cell, Manipur University, Canchipur - 795003